

There is a new program starting this summer at Weston's wellness Center. It is called Sclerology. Look for it soon at our Carney's Point, New Jersey location.

Sclerology is analyzing the red lines in the white of your eyes. "The eyes have it". The red lines aren't necessary to supply blood to your eyes. That statement may surprise you, if they don't carry blood, then what do they do?

What is Sclerology?

The red lines and the other markings and colorings in the whites of the eyes actually correspond to real conditions within the body. Their size, shape, configuration, shading, and various other aspects described health qualities. And why not?

There are many other maps to and of the body found on its surface. Serology is therefore a means of looking into a person's eyes to see what is happening with his or her health, to get a sense of what is most pathologically important. It shows exactly where the highest stress and congestion are located in the bodily being, where such stress and congestion are coming from (originating cause), how much of the stress is emotional, how much is physical, and how much both combined. In other words, sclerology shows pathology.

Sclerology is a way of viewing inherent tendencies to weakness, and of seeing various disease processes. It is a means of health evaluation that is accurate, and has important tissue information on systemic pathology. It can therefore be a valuable tool for Dr. Weston's evaluation.

What are the benefits of sclerology?

Sclerology is a non-invasive, cost effective way to access the body. Children as well as adults benefit from these appointments. It is one of the tools that Dr. Weston recommends to all of his patients.

Sclerology can:

- Allow patients to be educated, on potential conditions before symptoms manifest themselves.
- It can also verify and enhance data obtained through other modalities.
- It can reflect the influences of emotions or the physical body.
- It partners, beautifully with nutritional protocols.
- It also shows changes as the body heals.

Dr. F. James Weston also explains that one of the real benefits of sclerology is that signs can show up in the sclera, long before they are felt as symptoms. This is a great advantage in terms of treatment, prevention, and especially health promotion.

Your body wants to be in balance, and when you give it what it needs, it will respond and do what it can to regain balance, allowing you to make the most of your life.

Dr. Weston feels that information gathered in a serology session provides invaluable information for your health and wellness.

What can it reveal?

Sclerology is helpful in revealing how one part of the body can influence symptoms of discomfort in another. This helps us to uncover root causes that may be causing your symptoms.

Sclerology can identify:

- Current stress on the body.
- Where root causes originate.
- Where symptoms are likely to be noticed.
- How emotions can influence physical symptoms.
- Identify areas of stress and congestion within the body, as well as various types of trauma.
- You can also identify signs of cardiovascular, liver and other organ disorders, as well as colon conditions.
- It can locate compromised immune system challenges.
- It can also tell us how stress in one part of the body can influence symptoms in another part, as well as the effects of stress and more.

Note: Sclerology does not reveal disease. And an appointment with Dr. Weston doesn't lead to a diagnosis. While the sclera can reveal some current conditions and stress affecting the body systems, it is most useful for prevention and long-term health and identifying pathology.

How long has it been around?

Sclerology has been around for thousands of years. We have seen drawings from China made over a thousand years ago, and Native Americans also use it for healthcare. It has made great progress since then, thanks to the help of photography, digital imaging and computers. There are also more people contributing to Sclera research. Dr. Weston says one thing is certain. We haven't heard the last of this fascinating form of analysis. With technology advances in digital cameras and computer applications, as well as interpretation of the emotional signs and the mind-body connection, research around the world is revealing the inherent wisdom of this system.

What happens during a sclerology session?

A practitioner, skilled in sclerology analysis uses either a handheld light source with a magnifying lens or, for more extensive analysis, a special camera set up. Dr. Weston has discovered that his patients are more comfortable when he uses his camera. He is able to study this sclera at length, the patients have something to see, and the picture can be referred back to when necessary. With his training as a certified sclerologist Dr. Weston has found that it is a highly beneficial in identifying symptom development in the eyes of a patient. During an appointment, a series of photos are taken by Dr. Weston. There will be taken eight to 10 pictures of the Sclera. Dr. Weston then completes the analysis and designs an individualized set of recommendations nutritionally to help you reclaim and maintain your health again.

Patients are able to discover things about their body as a result of these modalities. They learn areas where the body appear strong and areas that seem to be stressed or in a weakened state. Because pictures are taken, we can refer back to them, to note changes as the body's health improves. Serology sessions are scheduled for 60 minutes the entire session which consist of a full assessment, filling out a patient intake questionnaire, and answering questions that Dr. Weston will be asking you. Most patients choose to purchase nutritional supplements that we may recommend at our office as well. These are not included in the appointment fees.

How can you contact us to find out more?

If you are interested in scheduling a sclerology appointment at Weston Wellness Center please contact us at 856-299-9508. At our Carney's Point, New Jersey office location.